



1.88
lb.

BonusCard Price
Fresh Amick Farms
Boneless Skinless
Chicken Breast
Extra Juicy, Extra Tender
Big Buy, 3-lbs. or More
SAVE 3.11/lb.



93%
Lean

1.88
lb.

BonusCard Price
Fresh Ground Beef
Big Buy, 3-lbs. or More
SAVE 1.81/lb.



4.88
lb.

BonusCard Price
Snow Crab Clusters,
Jonah Cooked Crab
Claws or Dungeness
Crab Clusters
SAVE 2.11/lb.



Buy one, get one **FREE!**



BUY 1, GET 1 FREE!

With BonusCard
Strawberries
Premium
1-lb. pkg.
SAVE 3.99



BUY 1, GET 1 FREE!

With BonusCard
Breyers
Ice Cream
half gal. ctn.
SAVE 5.29



BUY 1, GET 1 FREE!

With BonusCard
All Healthy
Choice Entrees
Solos, Duos or Medley's,
6 to 14-oz. pkg.
SAVE 2.39 to 3.29
Of Equal or Lesser Value



BUY 1, GET 1 FREE!

With BonusCard
Coke or Sprite
Regular or Diet, 2-liter
67.6-oz. NR bot.
SAVE 1.49



BUY 1, GET 1 FREE!

With BonusCard
Minute Maid
Orange Juice
half gal. ctn.
SAVE 3.59



BUY 1, GET 1 FREE!

With BonusCard
Arm & Hammer
Liquid Laundry
Detergent
100-oz. bot.
SAVE 5.19



BUY 1, GET 1 FREE!

With BonusCard
White House
Apple Juice
Regular or Natural,
64-oz. bot.
SAVE 2.49



BUY 1, GET 1 FREE!

With BonusCard
Kellogg's Cereals
Corn Flakes (18-oz.), Apple Jacks
(15-oz.), Rice Krispies (13.5-oz.)
or Fruit Loops (15-oz.), each
SAVE 3.59 to 3.99
Of Equal or Lesser Value



BUY 1, GET 1 FREE!

With BonusCard
San Giorgio Pasta
Cut Ziti, Elbow Macaroni,
Vermicelli, Rotelle or Regular
or Thin Spaghetti, 16-oz. box
SAVE 1.15 to 1.49
Of Equal or Lesser Value



BUY 1, GET 1 FREE!

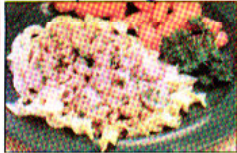
With BonusCard
Giant
Shredded Cheese
Regular or Fancy,
8-oz. pkg.
SAVE 2.79

S M T W T F S
30 31 1 2 3 4 5
AD EFFECTIVE MAR. 30 - APR. 5,
2003 www.giantfood.com

PRICES START 7AM SUNDAY AND ARE VALID IN CHEVY CHASE CENTER, NEWARK & JACONDA, WOODBURN, VAN FLEET AND BETHESDA ROW WEST GIANT STORES ONLY. All offers are on the BonusCard. Quantity Rights Reserved. Sale items limited to 6 unless otherwise stated. Minimum dollar requirements exclude tobacco products, alcoholic beverages, prescriptions, money orders, lottery tickets, postage stamps, purchase of gift certificates, Metro passes, and prepaid telephone calling cards. Some advertised items may not be available in all stores. To contact us, please phone (301) 341-4322 or 1-888-AMY GIANT (1-888-469-4426), if outside your dialing area.

FREE MILK BUY 6 GET ONE FREE with your BonusCard See store for details

Ground Turkey Stroganoff



This stroganoff is quick and easy and delicious.

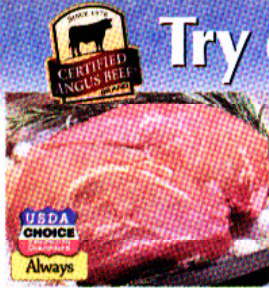
Serves six.

Prep Time: 15 minutes Cook Time: 10 minutes

- 12 oz. dry egg noodles
- 1 1/2 - 1 3/4 lbs. ground turkey
- 1 small onion, chopped
- 1 can (8 oz.) sliced mushrooms
- 2 1/2 cups all-purpose flour
- 1/2 can (12-oz.) evaporated nonfat skimmed milk*
- 1/2 can (14.5 oz.) beef broth*

Cook noodles according to package directions. While noodles are cooking, spray a large skillet with nonstick cooking spray. Brown ground turkey, onion and mushrooms over medium-high heat. Drain. Stir in flour. Slowly add beef broth, stirring until blended. Bring to a boil, cook and stir 2 minutes. Reduce heat, add evaporated milk and heat through. Serve over noodles. *If you want to use the whole can of broth and milk, double the recipe and freeze half.

Nutrition Information per serving (including noodles): 370 calories, 9 g fat, 3 g saturated fat, 80 mg cholesterol, 47 g carbohydrate, 2 g fiber, 35 g protein, 250 mg sodium.



Boneless Chuck Roast or Shoulder Roast
2.69 lb.
 BONUSCARD PRICE
 SAVE 1.00/lb.



Eye Round Roast
3.69 lb.
 BONUSCARD PRICE
 SAVE 1.30/lb.

Try our Certified Angus Beef

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USDA CHOICE Always
Super G 18-Piece Fryer Pack
 Includes 6 Drums, 6 Thighs & 6 Wings
99¢ lb.
 BONUSCARD PRICE
 SAVE 70¢/lb.



USDA CHOICE Always
Boneless Chuck Blade Steak or Boneless Shoulder Steak
 Big Buy, 3-lbs. or More
2.99 lb.
 BONUSCARD PRICE
 SAVE 70¢/lb.



fresh Assorted Pork Chops
 Contains End, Rib & Center Cut. Big Buy, 3-lbs. or More
1.99 lb.
 BONUSCARD PRICE
 SAVE 50¢/lb.
 Less Than 3-lbs., BONUSCARD PRICE 2.49/lb., SAVE 50¢/lb.



Step savers
Stuffed Center Cut Pork Loin Chops
 Assorted Varieties, Boneless
4.99 lb.
 BONUSCARD PRICE
 SAVE 1.80/lb.



USDA CHOICE Always
T-Bone or Porterhouse Steak
7.99 lb.
 BONUSCARD PRICE
 SAVE 1.00/lb.



USDA CHOICE Always
Beef for Stew
 Big Buy, 3-lbs. or More
2.99 lb.
 BONUSCARD PRICE
 SAVE 20¢/lb.



USDA CHOICE Always
Fresh Center Cut Pork Loin Chops
 Bone In, Big Buy, 3-lbs. or More
2.99 lb.
 BONUSCARD PRICE
 SAVE 1.10/lb.



USDA CHOICE Always
Fresh Boneless Center Cut Pork Loin Chops
 Big Buy, 3-lbs. or More
3.99 lb.
 BONUSCARD PRICE
 SAVE 1.10/lb.



Johnsonville Italian Sausage or Bratwurst
 Selected Varieties, 19.76-oz. pkg.
3.99
 BONUSCARD PRICE
 SAVE 1.00



Fresh Lamb Loin Chops
 Australian Free Range
6.99 lb.
 BONUSCARD PRICE
 SAVE 1.00/lb.



Farmland Seasoned Pork Fillets
 Teriyaki, Savory Grill or Garlic Rosemary
4.29 lb.
 BONUSCARD PRICE
 SAVE 70¢/lb.



40% OFF
 With BonusCard
All Fresh Shady Brook Farms Turkey Parts or Ground Turkey



Gwaltney Big 8's Beef Franks
 1 lb. pkg.
1.49
 BONUSCARD PRICE
 SAVE 1.50



Ball Park Beef or Meat Franks
 All Varieties, 12.9 to 16-oz. pkg.
2 for \$5
 BONUSCARD PRICE
 SAVE 1.38 on 2



Butterball Lean Lunch Meats
 Any pkg.
3 for \$5
 BONUSCARD PRICE
 SAVE 1.57 on 3



Moultre Sizzling Sensations Chicken Meal Kit
 Alfredo or Teriyaki, 29.5 or 34.5-oz. pkg.
5.99
 BONUSCARD PRICE
 SAVE 1.00



Certified Angus Beef Quick & Easy Entrees
 Selected Varieties, Fully Cooked, 8 to 24-oz. pkg.
6.99
 BONUSCARD PRICE
 SAVE 1.00



Jimmy Dean Sausage Links or Patties
 Regular or Brown Sugar, 10-oz. pkg.
1.69
 BONUSCARD PRICE
 SAVE 1.70



Gwaltney Sliced Bacon
 Regular or Brown Sugar, 1-lb. pkg.
2 for \$5
 BONUSCARD PRICE
 SAVE 1.58 on 2



Oscar Mayer Ham
 Smoked or Honey, 10-oz. pkg.
2 for \$4
 BONUSCARD PRICE
 SAVE 2.98 on 2



Louis Rich Variety Pack Lunch Meats
 8 to 12-oz. pkg.
2 for \$4
 BONUSCARD PRICE
 SAVE 2.38 on 2



Bob Evans Sausage Links, Biscuits or Burritos
 12 to 14-oz. pkg.
2 for \$5
 BONUSCARD PRICE
 SAVE 2.98 on 2